

# ***Justice Nest September 2025***

## ***Monthly Newsletter***

**Bail as Dignity: Protecting Families from the  
Poverty Trap of Pretrial**

**Issue: JN009**



 **Ms. Miriam Wachira at Kehancha Court Users Committee Training**

Dear Friends,

This September has been a meaningful one. I had the opportunity to train the Kehancha Law Court Users Committee on effective bail and bond management. This is so important when you consider that more than 40% of people in our prisons are in pretrial detention, leading to severe congestion with facilities now operating at over 200% capacity.

In our September newsletter, we highlight stories that bring this issue closer home:

- Clients who have been released on bail and are now attending their cases while rebuilding their lives.
- A mother who, after release, is working hard to find shelter for her children and start afresh.

These are reminders of the real human faces behind the statistics, and why our collective efforts matter.

With gratitude and purpose,  
**Miriam Wachira**  
Founder & Executive Director  
Justice Nest

---

## **A Step Toward Stability**

Hellen a small scale trader and single mother of two was arrested and charged with assault while she tried to defend herself from a drunk male neighbour who had forcefully come to her house. Her bail was set at Kshs. 20,000 (US\$180). She could not afford it, it took the Justice Nest advocate 3 applications for the bail to be reduce to Kshs. 5,000 (US\$45). She has to sell her household goods to pay the cashbail.

When Hellen walked out of prison, she carried nothing but determination to give her children a better life.

However, her freedom came with its own battles, cramped living space with her foster mother, constant uncertainty, and the heart-wrenching decision to send her children to a friend's home so they could live in peace. She refused to give up!

Hellen is currently receiving



psychosocial therapy helping her heal and working towards stabilizing her life. Hellen is slowly piecing her life back together.

Her story is one of grit, resilience, and hope. And it's your compassion that makes it possible. 🧡



## A Second Chance Through Knowledge



Kashika's was accused stealing a mobile phone worth Ksh 30,000 (US\$270). However, with his cash bail set at Ksh. 50,000 (US\$450), freedom was priced far beyond his reach,

and the walls of Shimo La Tewa Prison became his reality.

When Kashika walked into the Justice Nest legal office, he found guidance, dignity, and a way forward. A single conversation with our paralegal Corpral Karoyo everything changed. He was assisted to apply for bail reduction to Ksh 30,000 (US\$270), a sum his family could manage.

Today, Kashika is free and hopeful. He knows that while his case is ongoing, he has the chance to fight it from home, surrounded by the people who give him strength. His gratitude to Justice Nest, and to you, our supporters, runs deep.

Together, you turned despair into possibility. ❤️

[Read more on our success stories →](#)

---

### ***Staff Spotlight: Beth Gathirimu***



**Ms. Beth Gathirimu**

Beth serves as Justice Nest's **Communication Consultant and Grants Researcher**, bringing over a decade of experience in banking, digital marketing, operations, and entrepreneurship. With a strong academic background in International Business Administration (Accounting, Magna Cum Laude) and IT, Beth combines strategy and



creativity to tell powerful stories, amplify our visibility, and secure the critical funding that sustains our mission.

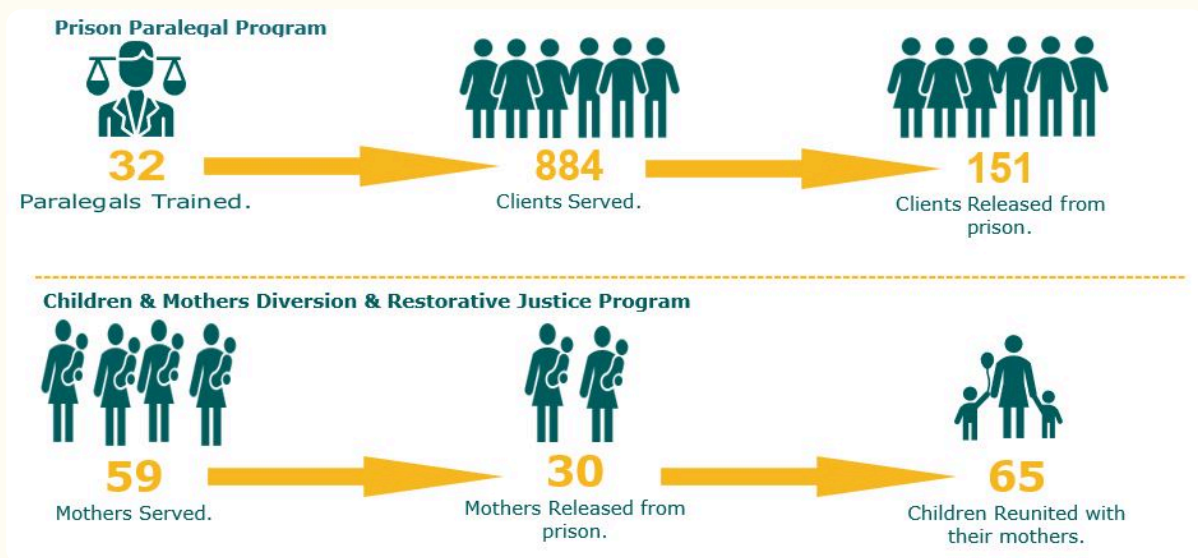
Before joining Justice Nest, Beth ran two businesses, streamlined international education consulting, and worked in financial services where she consistently achieved top results. Fluent in English, Kiswahili, and Kikuyu, with a sprinkle of Mandarin and German, she is passionate about equity, reintegration, and community wellness.

And yes, Beth is usually the one writing these newsletters, curating our socials, and organizing photoshoots, so writing about herself feels a little awkward 😊. But we can't skip her, she's the one keeping our stories loud 🎤, supporting grant-seeking, and serving as our resident tech guru when things get tricky! (Don't worry, the rest of the team is just as inspiring, we promise!)

👉 Get to know them all on our website. <https://justicenest.org/team>



### January - September 2025 Impact Overview



### With Gratitude

With deep appreciation, we thank our partners, donors, volunteers, and paralegals who continue to make our mission possible. Every restored family, every reunited child, and every life transformed is a direct reflection of your support. By standing with us, you help transform the justice system and strengthen families, reducing reliance on incarceration while uplifting community-based solutions.

Your generosity ensures that our vision of a fair, family-centric, and accessible justice system in Kenya moves closer to reality. Guided by empathy, equity, and collaboration, we are rewriting stories of hope together.

Show Your Love

## Upcoming Events: 🎉 Save the Date! 🎉



# CELEBRATING & FUELING IMPACT

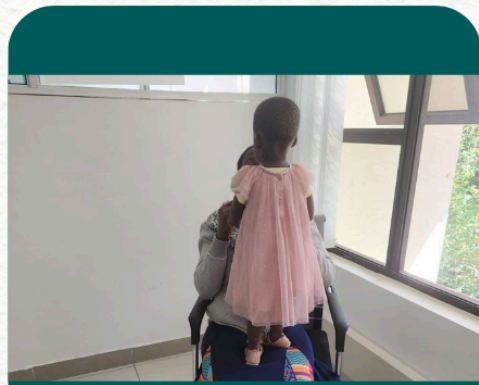
## CELEBRATING OUR 1<sup>ST</sup> ANNIVERSARY & FUNDRAISER

SAVE THE DATE: 5<sup>TH</sup> DECEMBER 2025

True giving is about sharing love and hope, not just the amount we give. This Anniversary Fundraising, let's open our hearts and join hands to create a world where compassion leads the way and every gift brings hope for a brighter tomorrow.



Prison Paralegal Training Program



Children & Mothers Diversion & Restorative Justice Program

LIPA NA 

PAYBILL NUMBER

4 6 9 9 5 3 2

ACCOUNT NUMBER

YOUR PHONE NUMBER

[Online Donations](#)

[www.justicenest.org/donate](http://www.justicenest.org/donate)



Visit Our Website  
[www.justicenest.org](http://www.justicenest.org)

**SHOW YOUR LOVE**

Write to us:  
[community@justicenest.org](mailto:community@justicenest.org)



### You might also like:

Justice Nest restores rather than punishes by diverting mothers and children from prison, empowering families, and equipping inmates with legal skills to access justice and rebuild lives.

[Our Focus Areas](#) →

Justice Nest exists to address the overuse of imprisonment, long pretrial detentions, and lack of legal access that tear families apart and leave vulnerable children and the poor without justice.

[Why We Exist](#) →

Show Your Love



**copr Justice Nest 2025**

community@justicenest.org

**+254 768 295 206**

2nd Floor Ridgeview Place Ridgeways  
Road, off Kiambu Road. ,Nairobi



[Unsubscribe](#)